

# **MAYRUNG PUBLIC SCHOOL Newsletter**

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Week 6, Term 3

Dear All,

Despite the windy and cold weather all our students performed enthusiastically at this year's Small School Aths Carnival. Thank you to all those parents who helped with events and to the staff for making the day such a success. Congratulations to those students who went onto the District Carnival and to Sophie Strong who continues to beat records in the 800m race.

Today we were greeted with a variety of book characters hopping off the school bus. It is great to see the students putting in the effort and joining in the celebrations for 'Book Week'. I can remember the rush the night before, thinking of something to dress them in, as I'm not one of those organised parents. Thank you to all the parents and / or family members that have assisted the students with their costumes, your efforts were well and truly worth the while!

The students have enjoyed the new play equipment and are awaiting the installation of the slide, which will occur as soon as the attachment plate arrives. We are looking to add a cubby house to the outdoor play equipment and then I think they will be quite set as far as things to do outdoors go.

I'd like to mention once again, the topic of canteen orders. We really

require the orders for canteen to be in no later than Wednesday morning of canteen week. This allows Bec Strong to know how much and what food items need to be purchased. Today there was a bit of confusion regarding orders as some children hadn't written their orders out and the mums on canteen weren't sure what to cook. If every order could be written either in an envelope or a paper bag and brought to school by Wednesday morning that would be extremely helpful. Please ensure the order clearly states the student's name, food required and correct amount written on the order. This will assist in a smooth run for those on canteen duty, thank you.

The school surrounds are looking absolutely beautiful at the moment, especially with the canola in the neighbouring farm's paddock. Our school production is coming together, thanks to the patience and efforts of Mrs Adamson and Ms O'Meara, not to mention the students. Please keep an eye on Mrs Adamson's blurb in the newsletter relating to the production costumes, etc. I know she has been regularly adding information over the past weeks and I think as a result most students have their costumes organised. We will hopefully also have a new curtain pulley system installed by time the Production occurs, which will mean not interruptions with having to re tie broken string!

Have a great weekend!





### **Important Dates**

Day	Date	Details	
Wednesday	26 <sup>th</sup> August	School Photos	
Thursday	5 <sup>th</sup> September	Tony Bones Performance @ Mayrung	
Wednesday	18 <sup>th</sup> September	Production – Matinee & Evening	
Friday	20 <sup>th</sup> September	End of Term 3	
Friday	11 <sup>th</sup> October	Bike Ride/Family Camp Out	
Tuesday	12 <sup>th</sup> November	½ Day High School Orientation	
Tuesday	3 <sup>rd</sup> December	Full Day High School Orientation	
Wednesday	18 <sup>th</sup> December	End of Term 4	

## Children are made readers on the laps of their parents

#### News form K-2:

Hi everyone,

In maths this week we have been learning about arrays, multiplication and division. I sent maths homework home with the students this week and will most weeks from now till the end of the year. The maths will be reinforcing what we are learning in class.

The children have come in some great outfits today, it is great to see what can be done with things that you already have at home and made from Cornflake packets etc.

For Bookweek we have been reading Tom the Outback Mailman, it is a true story about Tom who did the Mail run from Marree in South Australia up the Birdsville Track to Birdsville in Queensland.

Have a great weekend

Jenny Adamson

#### **Production News:**

Production Practise is coming along well.

Thanks to those of you who have organised your children's outfits and sent them in to me. Their outfits need to be in by next Thursday at the latest.

Thanks

Jenny Adamson

#### **Health, Fitness and Sports News:**

I would like to start with congratulating all the students who went to the District Athletics carnival last Friday. I heard they did the small schools proud as well as had a fun day. A special shout out to Sophie Strong for her effort in the 800m and making it through to the next level. We all wish you the best of luck Sophie.

It is fast approaching the end of term and I would like encourage parents to stick with giving your children those healthy snacks as well as packing a fruit or vegetable for crunch and sip. It is especially important around this time of the year as this seems to be when colds and flu spread. By eating healthy and drinking lots of water we can reduce the severity of these nasty viruses or even prevent catching them. I have attached some ideas for packing a healthy lunch to help you out. So again keep with supporting your child's health with those healthy lunches and snacks.

As the term trend toward an end I feel we can start thinking about next terms fitness activities. The first on our calendar is our annual bike ride and camp over. I think now would be a good opportunity to get the old peddle pusher out for an oil and tune up and start brushing up on the cycling fitness for the gruelling 10km ride. Not really that difficult but it does help to be fit for it as some of our parents and teachers discovered last year (mostly me ③). Cycling is also a fantastic cardio exercise that is low impact on the body so if you are looking to get a bit fitter ahead of what is hoped to be a lovely summer I highly recommend riding your bike with the kids.

Last of all this week end is the Deniliquin Little Athletics registration day. I highly recommend in getting your children motivated in joining the club. It is a fantastic opportunity for a number of reasons that include making new friends, keeping fit and to develop fundamental movement skills that they can use outside of sports and

fitness. So get on down to IGA this weekend and support a great prospect towards healthy living with your children

Remember active kids are healthy kids.

Stacey O'Meara

#### **Sports Carnival:**

Congratulations to all students who showed great sportsmanship last week at the Athletics Carnival. Unfortunately we couldn't run all events and therefore couldn't announce the Age Champions.

A lot of students did very well in different events and we had three record breakers for the Small Schools, two of them from Mayrung. Micah Jansen broke the 70 m record with 9.38 sec and Sohpie Strong the 800 m with 3.10 min, well done!!!

10 of our students made it to the next level, the students are:

Sophie Strong, Brendan Smith, Elijah, Bethany and Caleb Jansen, Blair and Luke Wooden, Max Loader, Noah McGaughey and Hannah Hetherington. A special mention goes to Sophie Strong who competed in 6 events in the District Carnival as well as becoming Junior Age Champion at the Small Schools.





## The roster for Term 3:

Date	Family 1	Family 2
6 <sup>th</sup> September	Jansen	Hetherington
20 <sup>th</sup> September	Madonald	Ball

Below please find some ideas for your children's lunches:

#### #1: Deli Dinosaurs

Order low-fat deli meats and cheese sliced extra thick; then use dinosaur or farm animal cookie-cutters to cut the slices into kid-friendly shapes. Pack with crackers or bread. Remember: Less is more. Children like mini-sized waffles and donut holes, so use the same concept in packing lunches. Pack two mini bagels (or cut a bagel in half), spread with peanut butter and raisins instead of the standard PB & J, or try cocktail-sized pita breads stuffed with hummus or cheese.

# Award Recipients for the week:



## **Book Week:**



## **Book Club:**

Please find attached the Book Club pamphlet . If you would like to place an order could you please send it back by next Friday  $6^{th}$  September.

# Mayrung's Website:

If you have time look onto our website. We have put more photos up recently.

The web address is: http://www.mayrung-p.schools.nsw.edu.au/

# **Community Notice**

#### **OOSH Transportation Initiative**

#### 22 August 2013

Intereach are proposing to provide a free transport service for primary school aged children who attend schools in Conargo, Mayrung and Blighty for families who may wish to enrol their children in our After School Care program.

We anticipate that a staff member will meet the busses when they arrive in Whitlock Street and transport children in an Intereach vehicle to the Family Centre where children can be picked up from any time until 6 pm.

Your children will mix with children from other schools in a fun and welcoming environment. They will be given afternoon tea and offered a range of fun and educational activities planned around children's needs and interests

Our OOSH Service is proud to be participating in the Active After School Communities program on Wednesday afternoons for seven weeks during each school term where we encourage children to be come physically involved in a sporting activity for one hour.

We are seeking feedback as to whether this would be a valuable service to your families.

The normal daily costs to attend OOSH would still be incurred which are \$18.50 per day less any Child care benefit and Child care rebate families may receive.

Please look at the table below and indicate any preferred days and times which may be of interest to you. We will collate your replies and see which days and times our service can be of most need to you.

Day preference	No. of children			
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				

Feel free to phone through your expression of interest directly to the Intereach Family centre on 03 58905260 or fax back to 03 58 58817241. Jo Howman OOSH Nominated Supervisor



### BOOTS FOR KIDS COLLECTION POINT



In Conjunction with THE AGE, COLES

#### HOW assist with "Boots for Kids"

Homes Out West (HOW) are assisting Coles, The Age and Linfox who have partnered to help remote indigenous communities have access to sporting boots through the collection of donated footy boots. The "Boots for Kids" campaign was launched on July 24 and will see donated footy boots delivered to three remote indigenous communities: Gunbalanya and Wadeye in the Northern Territory and Bayulu School, outside Fitzroy Crossing in the Pilbara in Western Australia.

Homes Out West are a non-for profit community housing provider, assisting in the provision of affordable rental housing for low to moderate income earners and people with special needs. Approximately 20% of HOW tenants are indigenous. HOW operate across the lower Riverina region, from Albury in the east to Wentworth in the west.

HOW understand and have witnessed first hand the obstacles that indigenous children face in becoming involved in sport. Access and cost of participation and equipment are key challenges. HOW see the "Boots for Kids" campaign as a positive initiative to assist participation in sport in these remote indigenous communities.

HOW will have a collection bin at their Deniliquin office at 74 Wellington Street until September 20. Collection bins will also be located at all Deniliquin schools, and the Rams, Rovers and Blighty football clubs.

All footy boots donated will be passed onto Coles in Victoria who will arrange transport to the Northern Territory & Western Australia. Should you require further information or are interested in assisting with collection please contact Homes Out West on (03) 5881 4182

## "Bubble Dome's Spring School Holiday Courses -

Don't miss out - Book Now! For students aged 6 to 15 years.

Learn the latest in Minecraft on a Bubble Dome School Holiday workshop these holidays! We are running four different exciting Minecraft courses these Spring Holidays: All New! Minecraft Advanced, Minecraft Inventions and Challenges, Minecraft Tekkit and Ultra Minecraft Java + Mods as well as Lego Architecture & Robotics, 3D Animation and Games Design, and App Building.

Tel: 1800-11-55-62

Email:

info@bubbledome.co.nz or
Book Online: