



MAYRUNG PUBLIC SCHOOL

Newsletter

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Week 5 , Term 2

Principal's News:

Dear everyone,

We have many great days here at Mayrung, however Tuesday would have to be pretty high up on the ladder. The rain stayed away, whilst the students enjoyed a fun session at the Golf Club, under the tutelage of Frank Connellan (Golf instructor) and the organisation of Mrs Adamson. A big thank you to both for making the morning such an enjoyable one. The rain remained absent during the running of the Cross Country Small Schools comp. Mayrung School performed exceptionally well with ten students making it through to the District Competition, to be held in Deniliquin on June 3rd. Whilst we congratulate the students that came a place, we must also congratulate those students who competed and managed to make the distance. An excellent effort and impressive sportsmanship, well done!!

The new toilets are finally up and operational, much to the delight of the students. Plumbing work and relocation of pumps, etc will take place soon, to enable the removal of the old amenities block. We will be looking at adding to our school gardens in the near future, so if you have any plant cuttings that you could pot, we would be very grateful. The P&C are working very hard at fundraising, in order to share the load, if you are able to assist in any way please contact either Gavin Mullens (P&C President), or the school to offer your assistance. It may be in the form of picking up old batteries for the battery drive or helping with the catering of the up and coming Polocrosse Competition. Remember the old saying, 'Many Hands Make Light Work'!

Have a great weekend.

Julie Eason

Principal

Student who qualify for the next level:

Age Group

8/9 girls	Sophie Strong Edwina Barclay	11 girls	Ranii Jukes Ilah Tonkin
10 girls	Rylee Strong Sophie Hodge Isabella Gow	11 boys	Josh Gallagher
10 boys	Caleb Jansen	12 girls	Maddison Strong

Open your arms to change, but don't give up your values.

Important Dates

Friday	3 rd June	District Cross Country/Canteen
Tuesday	14 th June	Regional Cross Country

Rosie and Ruby's visit:

A big Thank you to Bec Strong for making this experience a reality. Many students and all staff had a go at milking Rosie. For more pictures please visit our Mayrung Homepage. (www.mayrung-p.schools.nsw.edu.au)



Thanks to the owner of the cow, Maddison, for her instruction, encouragement and showcasing of "How to milk a cow".

News from K-2 classroom:

What a fantastic day we had on Tuesday. The children really enjoyed the golf in the morning. We had a few budding young golfers amongst them.

What a great result we had with the Cross Country with ten children going onto the next level. The new track was really good, it was much safer to run on. Congratulations to everyone for your excellent participation, sportsmanship and behavior.

In Literacy we will be continuing on with writing Descriptions. The kinders will be learning the letter 'x' and will have activities focused around this. Year 1 and 2 will be learning the rules we use when we turn words into plurals.

We had a visit from Rosie the Strong's cow this afternoon. The children all had a go at milking her and tomorrow they will be making smoothies using her milk. Next week we will begin writing a class book about this. Come in and read it when you get time.

See you soon.

Thanks

Jenny Adamson

News from the 3/4 room

Hi every one, it has been another busy fortnight in the 3/4 room. We have been learning about procedures in literacy, focusing on the structure and different ways we can present a procedure such as written and pictorial. We have also been working on our spelling, learning and revising important spelling rules and pronunciation of different letter combinations.

In Math we have had a variety of practical activities to help us in our learning of different maths concepts such as informal capacity and learning about division and the division symbol. Not to mention our new

resource, Mathematics, which the children seem to be enjoying.

I would also like to take this opportunity to congratulate the 3/4's in their cross country effort and wish those that made district good luck. A big shout out as well to the 5/6's that also made the district team.

Have a good weekend

Miss O'Meara

Jump Rope for heart News

Hopefully your child/ren would have brought home a note and sponsorship form for our Heart Foundation Jump Rope for Heart 2011 with the last newsletter. This is just a reminder about the program and that the children should start thinking about getting their fundraising under way, as it is only 4 weeks until the money is due. The money raised will not only help with The Heart Foundation it will also benefit our children. With all the money raised, the school will get 10% of this which will go towards teaching resources for your children's learning. So the more money we raise the more we get not forgetting also being able to support cardiovascular research and community health programs.

If you have any questions about the fundraising or would like to know more about the program, please do not hesitate to call.

I look forward to seeing you at our jump off which will be the last day of school this term.

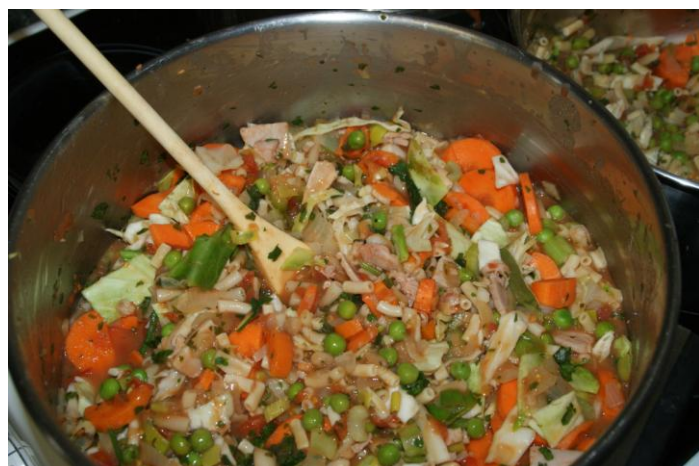
Thanks

Stacey O'Meara

KidsGrow KidsCook Photos: Cooking Minestrone



Everyone is having a go and many students learning new skills.



McCAIN Program: reminder

We have just signed up our school in the McCains Program, where we can get ideas and hints for our veggie garden. McCain is donating items suitable for vegetable gardens back to schools for barcodes from McCain frozen vegetables and McCain Purely Potato products. We ask you to collect the barcodes from these products so that we can send them into McCain which will convert them to points. Schools then use these points to redeem products from a equipment catalogue.

So please start sending in barcodes from McCain frozen vegetable and McCain Purely Potato packs.

Canteen:

Next canteen will be on Friday 3rd June with Stacey Salusaly and Sara Wooden being rostered on. Please remind your students to bring in their lunch order start of that week, if they wish to buy lunch that Friday.

Premier's Sporting Challenge: reminder

Our school has registered to participate in this year's Premier's Sporting Challenge. This challenge provides the opportunity for r students to keep a log of their time spent on sports, movements and recreational activities throughout their daily routine over a ten week period. Students who complete the challenge will receive an individual, personalised certificate from the Premier of NSA.

In the next few weeks we will be distributing log cards to the students so they can start keeping track of their achievements. Participation in sport and physical activity is generally promoted for its positive impact on children's physical and mental wellbeing. As sport is a valued and accepted part of our school's curriculum we hope that you can join us in supporting and encouraging your child's participation in this exciting program.

For more information on the Premier's Sporting Challenge please visit the website at

www.schools.nsw.edu.au/psc

If you would like to discuss any aspect of the challenge or make any suggestions please feel free to contact me, Stacey O'Meara and on behalf of the rest of the Mayrung staff we look forward to working with you in supporting the healthy growth and development of your child.

Self Esteem – a gift for life !!!

More than anything else, young people want to be listened to, trusted and respected. Sound familiar? Isn't that what we all want?

We acquire the beliefs and attitudes we have about ourselves early in life, but our need for personal validation stays with us forever. Fostering healthy self-esteem in our children is probably our most important task as parents. To grow up feeling good about oneself is a "gift for life".

Community Notice

ARE YOU CHALLENGED BY YOUR CHILD'S ECZEMA?

The University of Queensland is conducting research into parenting children with eczema. Parenting a child with eczema presents many challenges (everything from the daily application of creams and avoiding eczema triggers, to more general parenting tasks). The aim of this study is to understand the factors that make the management of childhood eczema particularly difficult, and to use this information to develop strategies that might assist parents in managing their child's eczema.

If you are a parent of a 3 to 10-year-old child with eczema, we would love to hear from you!

By sharing your experiences (confidentially), you will be making a valuable contribution to the development of much-needed childhood eczema management strategies for parents. Results of this study will be made available to all participants.

To complete the online survey, please log on to: <http://exp.psy.uq.edu.au/eczema>

For further information about the project or to request a survey to be posted to you, please email Katie Sillar

(katie.sillar@uqconnect.edu.au) or phone Amy Mitchell (07 3365 7305) at the Parenting and Family Support Centre in the School of Psychology at the University of Queensland, St Lucia QLD 4072 (Fax: 07 3365 6724).

Alina Morawska, Amy Mitchell and Katie Sillar UQ Parenting and Family Support Centre

Save Power Kit

You can now borrow a Save Power Kit free of charge from Deniliquin Library.

It's a fun and educational way for you and your household to learn more about the power you use and how to reduce your power bills.

The Save Power Kits provide tools, information and a guidebook to help you make your home more energy efficient.

The Save Power Kits can: show you what uses the most power in your home, and give you ideas and some easy steps you can take to save money, power and reduce our impact on the environment.
