



MAYRUNG PUBLIC SCHOOL

Newsletter

Phone 5882 4243

Fax 5882 4326

e-mail: Mayrung-p.School@det.nsw.edu.au

Week 4, Term 1

Dear Parents/Caregivers,

What a welcome change we have had this fortnight to the recent heatwave. The students have all been busily getting their classrooms ready for the up and coming "Meet and Greet Night", next Wednesday evening, which I hope you will all be able to attend.

Our new laptops have arrived, all six of them and are at present being organised to synchronise with the school network and the Department intranet. The students are very excited about the new technological resources and are looking forward to creating their own movies, stories and placing informational videos on our school website. So stay tune, who knows we could have the next Hollywood star in our midst.

Tomorrow is the Annual Small School's Swimming Carnival, at the Deniliquin Town Pool, I wish all the students well in their individual events and in the relay events. Please remember to remind your children to 'Slip, Slop and Slap' and to bring along their best behaviour.

Our new amenities block is fast approaching completion, with the children placing their names and handprints in the concrete for prosperity.

Look forward to seeing you all at the AGM on Wednesday the 23rd, if not at the Swimming Carnival beforehand.
GO MAYRUNG!!!

Have a great week

Julie Eason

Principal

Wednesday 23rd February

Open Classroom and Information sessions 5.30 pm
Meet and Greet BBQ 6.00pm followed by
AGM 7 pm.

Important Dates

Wednesday	16 th February	Swimming Carnival
Wednesday	23 rd February	Open Classroom/Meet and Greet /AGM Starting at 5.30 pm
Friday	25 th February	Canteen (Robin Laverty/Angela Hodge)
Wednesday-Friday	9 th – 11 th March	Excursion to Ballart – Stage 2

P&C Meeting and AGM: *reminder*

As mentioned earlier we will have an AGM/P&C Meeting on **Wednesday, 23rd February** here at school.

There will be 2 positions vacant, the president and the treasurer's position. Please think about if you are able to take on any of these 2 positions. I believe they are rewarding positions. On that note we would like to thank the outgoing president Jamain Willis and treasurer Jenny Downes. Both of those ladies have done a wonderful job over the last 2 years and we will miss them as both their children have moved onto high school. Thanks again Jamain and Jenny.

‘A loving atmosphere in your home is a foundation for your life. ‘

Swimming Carnival:

Thank you to everyone for sending the permission notes back so promptly and for being available to help out. Students and teachers are looking forward to an enjoyable day.

The carnival will start at 10 am sharp, so we would like the students there at 9.50 am.

Families have to pay pool entry for themselves, unless they have a season ticket.

The events will start with the Boy's all age open 100 m Freestyle followed by the Girl's all age open 100 m Freestyle. We then start with the age races in 50 m Freestyle, 8 year boys followed by the 8 year girls.

Breaststroke will be run in Junior, 11 yrs and Senior groups, as well as the Backstroke and Butterfly.

The last individual event will be the all Age boy's and girl's Individual 200 m Medley followed by the Mixed Junior and Mixed Senior 200 m Relay.

Bunnaloo P&C will run a canteen with Hamburgers (\$4 with onions and coleslaw), Sausages (\$2), Cup of Tea/Coffee/Milo (\$1), cold drinks (\$2) and Cake/slice (\$1) on offer.

Book Club:

Book Club pamphlets didn't go out as planned, so we extended the timeframe re ordering. Could we please have any orders back by next Wednesday, 23rd February?

Payments for orders can be made either with a **cheque made out to Scholastic** or via a **Bankcard payment**. Sorry we **do not accept cash**.

Canteen/Newsletter:

Canteen will be on next week with Robin Laverty and Angela Hodge being rostered on, Please remind your students to bring in their lunch order start of the week, if they wish to buy lunch on Friday.

Parenting Tips kindly supplied by Family and Children Services:

Discipline

Discipline is a necessary part of parenting, yet it is often misunderstood. It is usually associated with punishment, smacking, humiliation etc. Effective discipline teaches children about appropriate behaviour. Good discipline encourages children to take responsibility for their own actions. It doesn't involve physical harm or verbal put-downs. However, it does require firmness and a willingness to treat children with respect, even if they don't always respond to us the way we would like. Remember, consistency rather than severity is the key to effective discipline.

- *Rules need to be clear and specific*
- *If you feel you are going to lose your cool, take a walk, ring a friend*
- *Be consistent*
- *Have clear consequences for doing the wrong thing and stick to them.*
- *Encourage children at every opportunity. Children who are difficult to deal with often lack self – confidence and doubt their self – worth so they need constant encouragement.*
- *Spend energy on the really important things and learn to overlook the minor irritations*
- *Think about what you expect, is it reasonable and is it age appropriate?*

Community Notice

Deniliquin Show 2011

As you will all be aware the Deniliquin Show is back on March 4 and 5

The Show committee is looking for entries, particularly in the Junior Craft Section of the Pavillion.

If you would like to enter your children's artwork etc please have it at the Pavillion on Monday, February 28th between 9 am and 5 pm.

If you need any more information please ring Chris Buchanan on 04 0770 8011

DENILIQUN GYMNASTICS CLUB

Class Times:

MONDAYS	Starts 14th February		
KINDERGYM	10am-11am	-	2.5yrs (Spaces available)
	11-12noon	-	3.5-5yrs (Limited spaces available)
RECREATIONAL	4.30-5.30pm	-	5-7yrs (Limited spaces available)

FRIDAYS Starts 18th February

RECREATIONAL	4-5PM	-	6-9yrs (Limited spaces available)
RECREATIONAL	5-6PM	-	9-11yrs (Limited spaces available)
RECREATIONAL	6-7.30PM	-	10+ yrs (Spaces available)

Gymnasts who re-enrolled at the end of 2010 have been placed in a class. Class times have changed slightly. If gymnasts were in the 4.30 class in 2010, they are now in the 4-5pm class. Gymnasts who were in the 5.30 class in 2010 are now in the 5-6pm class, and gymnasts who were in the 6.30 class in 2010 are now in the 6-7.30 class. If you have not already enrolled please enrol before Monday 14th February, as there are very limited spaces available.

7 week term cost \$70. New enrolments pay a \$10 club membership fee.

Insurance per gymnast \$28.50 for the year (Jan 1st – Dec 31st 2011)

Any enquiries call Lisa Barnes 0425819136

Catholic Family Services

Do you have a family member or friend experiencing depression?

Would you like to learn more about depression and its treatments; strategies for managing your relationship with a person who has depression; and skills for improving your capacity to cope, manage stress and care for yourself?

Hunter Institute of Mental Health has developed a support and education group program for partners and family members of a person with depression. A range of community and health professionals from around Australia have been trained to facilitate the program in your local area.

Partners in Depression aim to provide participants with an increased understanding of depression, and to teach them some skills for managing the impact of depression on their emotions, relationships and lifestyle.

Session are starting soon so please register your interest today

Venue and times: Negotiable

Cost: Free

Register your interest: Contact Centacare Finley Office on 03 5883 4870

Website: www.centacarewagga.org.au

www.partnersindepression.com.au



Deniliquin High School will be hosting an **Internet Safety Awareness Presentation by the Australian Communications and Media Authority (ACMA).**

Parent presentation will be at 7:00pm on Monday 21st February at the Deniliquin High School

As part of its Cybersafety Outreach program, the Australian Communications and Media Authority (the ACMA), delivers **free internet safety awareness presentations for parents**. Presentations provide valuable information about the risks confronting children online, and offer tools and tips to help make their internet experiences safe and positive.

Internet safety presentations cover topics including:

- the ways children use the internet and emerging technologies
- potential risks for children online, such as cyberbullying, illegal content, inappropriate contact, identity theft, grooming and predatory activity
- tips to help children stay safe online.

The presentation is thorough, non-technical and is conducted by an accredited cybersafety trainer.

**Deniliquin RSL Club would welcome your attendance at the Launch of
'We Did Our Bit'
at the Club Weary Dunlop Auditorium 6.30 for 7 pm start – Wednesday March 2, 2011.**

Finger food is provided. Drinks available at bar prices.

RSVP appreciated to Deniliquin RSL Club by Monday, February 28, 2011.

We Did Our Bit is a collection of short stories featuring people from Deniliquin and District who have played a part in Australia's military history by Garry Baker.