



# MAYRUNG PUBLIC SCHOOL

## Newsletter

Phone 5882 4243

Fax 5882 4326

e-mail: [Mayrung-p.School@det.nsw.edu.au](mailto:Mayrung-p.School@det.nsw.edu.au)

Week 5, Term 3

Dear Parents/Caregivers,

It was great to see so much rain, although I must admit, I wouldn't mind a little bit of warm weather to dry out the school ground, for just a couple of days.

Our K- 2 students have settled well into their beautiful new classroom, with lots more room to spread out in. Thanks to all our staff and Stacey for assisting in the movement of the equipment and the books into the library (old K-2 room).

This week we celebrate the excellent work our SASS staff do for us within the school. We applaud and thank Mr John Beer's work around the school grounds and within our classrooms, not to mention the delicious free range eggs he brings each Wednesday. Where would our school be without the wonderful work that Birgit does for us, she certainly is the driving force behind Mayrung PS, even coming to school today with an injured shoulder! Thank you to both Birgit and John for the support you have provided and your constant assistance.

Tomorrow is the District Sports Carnival, to be held at Rams Oval, in Deniliquin. Although it may be a little spongy underfoot, I'm sure our five competitors will do us proud, performing their best on the day.

Have a great week



**Julie Eason**

**Acting Principal**

### PSSA Athletics Carnival:

We wish our 5 students who are representing us tomorrow all the best. We know they will be great ambassador.

Please don't forget to bring your raffle tickets and money along.

Canteen will run throughout the day:

Pies	\$3.50	Hot Dogs	\$3.00	Wraps	\$4.00
Sausage Rolls	\$2.50	Chicken Burgers	\$4.00	Dim Sims	\$1.00
Salad Roll	\$3.50	Soup&Roll	\$2.00	Muffins	\$1.00
Soft Drinks	\$2.00	Water	\$1.50	Just Juice	\$1.50
Hot Chocolate	\$1.00	Tea/Coffee	\$1.00		

#### Please note:

Children who came 1<sup>st</sup> or 2<sup>nd</sup> in Track Events or 1<sup>st</sup> in Field Events qualify for the Riverina Carnival at Albury on Friday 3<sup>rd</sup> September.

#### Change of Dates:

**Sciencetwists will be on later in the year. We will let you know as soon as we have another date.**

### Important Dates

Tuesday/Wednesday	24/25 August	Movie Making @ Conargo - Stage 3
Friday	27 August	Year 7 Advisor to visit Yr 6 students
Wednesday	1 September	Working Bee
Friday	3 September	Canteen Sara Wooden/Stacey Salusalu

### **Working Bee:**

Mrs Whittakers is asking for any volunteers to help at her 1<sup>st</sup> working bee session on Wednesday 1<sup>st</sup> September from 9 am onwards. Any help is hugely appreciated. We are sure we can find a job suitable for you. Looking forward seeing you there.

### **K – 2 News:**

Hi everyone,

Another busy fortnight in the K-2 classroom.

In writing we have been looking at how to write discussions. Deciding on an issue and looking at arguments for and arguments against. Try having some discussions at home.

Some ideas for discussions could be:

- Eating home cooked meals or takeaway
- Doing your homework straight after school or having a break first.
- Different Bedtimes and routines

Next week is book Week and the theme is “Across the Story Bridge”. We have begun activities like building bridges out of newspaper. We will be reading shortlisted books, some of which are Bear & Chook, Fearless, Kip and The Terrible Plop and doing activities on these books. Have a great week.



**Jenny Adamson**

**“To teach is to touch a heart forever”**

### **PDHPE Corner**

Best of luck to Brayden Campbell, Joe Hay, Rylee Strong, Michael Mullens and Maddie Strong at the District athletic carnival tomorrow at the Rams oval. I will be sending my cheers from school and we all know that you all will try your hardest and represent the small schools with good sportsman ship.

Over the last 3 weeks we have been running an Auskick program for sport, which has been going well, though at times there are a few that take it a little too seriously. If the weather permits tomorrow there will be a guest footballer at the school tomorrow, who has had plenty of footy experience to lend us a hand. Hopefully his knee will hold up!!!

AS you know we have been doing a unit on nutrition in health which the students have participated cooperatively in. We have found out some interesting things, like one can of coke has 11 teaspoons of sugar. As their assessment the students will need to plan a healthy menu for one day, so be prepared that your recipe books may be raided. The assessment won't start until week 7 and will mostly be completed in class.

### **Life Live Well**

**Shelley Scoullar**

### **Website – Mayrung’s Homepage:**

Finally we have our homepage up and running. If you have time please have a look. The address is [www.mayrung-p.schools.nsw.edu.au/sws/view/1309129.node](http://www.mayrung-p.schools.nsw.edu.au/sws/view/1309129.node) or you can just google Mayrung Public School, and then go to Mayrung Public School – Home.

### **Year 7 Students Advisor:**

Ms Brenda Norman will be visiting the students next Friday to spend some time with them. Ms Norman will be our students' Year Advisor at Deniliquin High School next year. She also has planned a ½ day orientation session for Thursday 4<sup>th</sup> November from 9.00 am – 12.30 pm, followed by a full day on Thursday 2<sup>nd</sup> December. More details for these days later.

### **Canteen:**

Next canteen will be on 3<sup>rd</sup> September with Sara Wooden and Stacey Salusalu being rostered on. Please remind your children to have the order in start of the week.

## Book Club:

Please find attached Scholastic Book Club pamphlets. If you would like to purchase anything could we please have the orders back by Wednesday 1<sup>st</sup> September? Please remember do not send cash. Payments can be made via Creditcard or via cheque only. Thank you.

---

## Community Notice

### Scientwists Performance – Free

Tonight there will be a free Scientwist Performance at the Multi Arts Centre in Cressy Street from 6.30 – 8.30 pm. The highlights include:

- Twisted Science Show
- Kathy's Arthropod Pets
- National Science Week competition and prizes
- Creative Workstations
- Static and interactive Displays featuring Australian Biodiversity
- Quiz and Prizes

---

## DENILIQUIN RSL CLUB

### SATURDAY 28<sup>TH</sup> AUGUST FROM 7pm

### \$30pp includes nibbles & entertainment from Bobbie Valentine

### Tickets on sale now at reception

### PH: 03 5881 1455

Every once in a while, along comes a speaker who stands out from the crowd. Sam Bailey is one of those. A farmer, pilot, husband and best selling author, he has achieved all of those from a wheelchair....and has an incredible ability to take an audience on the journey of his life.

It's a rollercoaster ride that promises to make people laugh, cry, appreciate what they've got and realise that nothing is impossible.

Sam tells his story in his own down-to-earth laconic style that captures the great Australian spirit of 'having a go' and he's changing the lives of people of all ages, and all walks of life.

One of Australia's leading speakers and MCs, Robyn Moore said, "Standing ovations don't happen often in Australia, however Sam Bailey's story is so powerful it lifts people to their feet."

Sam's talk chronicles his life, from a childhood growing up wanting to be a farmer just like his dad, through to the day his life changed forever at the fork in a road in the Northern Territory and its aftermath.

The road accident turned the schoolboy sporting hero and outback jackaroo into a quadriplegic.

But Sam's is not a story of sadness – rather of triumph. You can hear how he turned tragedy into hope and how he beat the odds to fulfill his life-long dream of being a farmer.

Despite being paralysed with only limited use of his hands and arms, and an intolerance to heat and cold, he went home to the family farm – against the advice of the medical experts.

He learnt to ride a four wheel motor bike, which became his "legs" around the property, devised a hoist to lift him into the farm machinery and converted tractors, the harvester, front end loader and dozer so he could drive them.

He learnt to drive a car again, travelled overseas and even tried snow skiing.

As if he hadn't already achieved enough – he "climbed" his very own "Mount Everest" when he learnt to fly an ultralight aircraft.

But Sam's story is much more than that.

It's also a story of love and romance that will send your spirits soaring.

Sam found his soul mate in former Tamworth-based ABC radio Rural Reporter, Jenny Black – who he proposed to "live" on regional radio. The real-life proposal jammed the phone lines and the fax ran out of paper.

Their story appeared on ABC TV's "Australian Story" in 2000 with an overwhelming response and then in April 2006 hit the bookshelves in their book 'Head Over Heels – A story of tragedy, triumph and romance in the Australian Bush'

Within weeks it was on ABC Books' best sellers list...and has now sold almost 50,000 copies.

Today they live and work together on their beef cattle property in northern NSW, in between travelling the country telling their story and giving inspiration to others.

They are also working towards their next big goal – for Sam to become the first quadriplegic in the world to fly a helicopter and ultimately fly into schools to talk to students and inspire them to fulfil their own dreams in life.

A Robinson R44 helicopter will need to be modified for Sam to start learning to fly hopefully later this year.

Jenny will also be learning to fly, as Sam may be required to fly with a co-pilot. Both Sam and Jenny are currently working towards the theory part of their licences.

The project, called Helifirst, would not be possible without the generous support of one of Australia's largest public companies, the Commonwealth Bank.

You can find out more information about Sam and Jenny at their website [www.sambailey.com.au](http://www.sambailey.com.au)



---

## FREE Community Education Seminar and night of live music presented by Carer Assist and the Black Dog Institute

CARER ASSIST in partnership with the Black Dog Institute will be offering free to the community of Deniliquin and surrounding area an evening of musing and an information seminar presented by Dr Ressa Wigney from the Black Dog Institute on "Understand Depression and Resilience" at the RSL Club in Deniliquin on Wednesday 29<sup>th</sup> September, 6.30 – 8.30 pm Music and light supper provided.

RSVP by 22<sup>nd</sup> September to Sussan on 02 6021 5882 or [susan@carerassist.org.au](mailto:susan@carerassist.org.au)

