



MAYRUNG PUBLIC SCHOOL

Newsletter

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Week 4, Term 3

Dear Parents/Caregivers,

This past week provided a classic example of how wonderful our Mayrung students are. Their exemplary behaviour at both the Small Schools' Athletics Carnival and at the Stage 3 Leadership Day, was second to none!

A very big thank-you to all our parents and grandparents who put their time and effort into making the Athletics Carnival such a successful one. I would also like to say thank-you to Shelley Scoullar for the many hours she put into organising the carnival, Jenny Adamson for her organisation of the Novelty Events and Binnie Whitakers for training the students to march in coordination. Last but not least a big thank-you to Birgit for her administration and recording skills.



Last Friday the new building was finally handed over to the school, much to the excitement of all the children, especially K-2, who are presently moving their classroom belongings into the new room. The demountable will now be the library and the 3-4 year group will have the existing library as their own 'home room'.

One of our Yr 5 students took home a very prestigious award last week, a High Distinction in Science for his participation in the UNSW assessments for schools. Congratulations Simon Barclay, excellent effort!

Have a great fortnight!

Julie Eason

Acting Principal



Athletics Carnival

Congratulations to all our students for their participation on the Athletics Carnival. All the students did extremely well and showed great sportsmanship.

Special mention goes to Joe Hay for becoming Senior Boy Champion, what a great effort Joe.

Rylee and Maddison, Brayden, Michael and Joe will represent our school at the next level, the District Carnival next Friday at Deniliquin. We wish them all the best and we are sure that they are great ambassador for our school.

More detailed results of our place getters are as following:

Please note that not all these children qualified to go to the next level, we just wanted to acknowledge their achievement.



5 Yrs Girls 70 m	Charlotte Strong	1 st
7 Yrs Girls 70 m	Sophie Strong	1 st
	Edwina Barclay	2 nd
Jnr Girls 800 m	Rylee Strong	2 nd
11 Yrs Girls 800 m	Maddison Strong	3 rd
12 Yrs Boys 800 m	Brayden Campbell	4 th
9 Yrs Girls 100 m	Rylee Strong	3 rd
9 Yrs Boys 100 m	Caleb Jansen	2 nd in his heat
11 Yrs Girls 100 m	Maddie Strong	2 nd
10 Yrs Boys 100 m	Josh Gallagher	2 nd in his heat
11 Yrs Boys 100 m	Jonathon Austin	4 th in his heat
12 Yrs Boys 100 m	Brayden Campbell	3 rd in his heat
12 Yrs Boys 100 m	Steven Willis	4 th in his heat
13 Yrs Boys 100 m	Joe Hay	1 st
Yrs Boys 200 m	Caleb Jansen	4 th in his heat
Jnr Girls 200 m	Rylee Strong	1 st in her heat
11 Yrs Girls 200 m	Maddison Strong	2 nd in her heat
11 Yrs Boys 200	Simon Barclay	4 th in his heat
Jnr Boys 200 m	Blair Wooden	4 th in his heat
Snr Boys 200 m	Joe Hay	2 nd in his heat
Snr Boys 200 m	Brayden Campbell	3 rd in his heat
Snr Boys	Steven Willis	3 rd in his heat
Shot Put Jnr Boys	Michael Mullens	2 nd
Shot Put 11 Yrs	Maddison Strong	4 th
Shot Put Snr Boys	Joe Hay	2 nd
Shot Put Snr Boys	Brayden Campbell	4 th
Shot Put Snr Girls	Emily Willis	3 rd
Long Jump Jnr Girls	Rylee Strong	2 nd
Long Jump 11 Yrs Girls	Maddison Strong	1 st
Long Jump Snr Boys	Brayden Campbell	1 st
Long Jump Snr Boys	Joe Hay	2 nd
High Jump Jnr Girls	Rylee Strong	4 th
High Jump Snr Boys	Joe Hay	2 nd
High Jump Snr Boys	Brayden Campbell	3 rd
Discus Jnr Girls	Rylee Strong	1 st
Discus Snr Boys	Joe Hay	3 rd
Discus Snr Girls	Emily Willis	4 th



Change of Dates:

Sciencetwists will be on Friday 20th August not on Wednesday; hence there will be no Canteen on that Friday.

Permission Note is attached.

Important Dates

Friday	13 August	District Athletics Carnival
Thursday	19 August	Canteen Rosa Mullens/Robin Laverty
Friday	20 August	Sciencetwists
Friday	3 September	Canteen Sara Wooden/Stacey Salusalu

K – 2 News:

Hi everyone,

What an exciting week it is for the K-2 class; we are moving into our new room.

The whole school has been really helpful with the move. Thanks everyone.

Also thanks to Nicole, I don't know what I would have done without your help.

Come and visit when you get a chance.

Have a great week.



Jenny Adamson



**Work as if it was your first day.
Forgive as soon as possible.
Love without boundaries.
Laugh without control and never stop smiling.**

PDHPE Corner

I hope that everyone has recovered after the athletics carnival on Tuesday, I know that the Scoullar household slept very well on Tuesday night! I have to say how proud I was to be associated with the Mayrung School community on Tuesday. Firstly, because our students were so well behaved, they showed great sportsmanship, all the students participated to the best of their ability and they all helped out in any way that they could – thank you Mayrung students. Secondly, because of the parent support to help organise the carnival. Without the support of parents carnivals like this would be impossible. Nothing was too much trouble for anyone, everyone contributed what they could and it is so nice to work with such positive people – thanks Mayrung parents!

Over the next few weeks we will be running a mini Auskick program at the school for Friday sport and towards the end of term we will be running a Walla Rugby / Touch program with the help of Tim Strong. If any other parents have any skills they would like to contribute please don't be shy!

This term the year 3 to 6 classes will be doing a unit on nutrition in health. So don't be too alarmed if your child suddenly becomes interested in reading food labels.

Thanks again to everyone for all their help on Tuesday, a special mention to the early risers – sorry about the cold coffee.

Life Live Well

Shelley Scoullar

Canteen:

Rosa Mullens and Robin Laverty are rostered on for next week's canteen, which will be on Thursday instead of Friday.

Please mark the change on your calendar.

Do friendships make learning easier?

Your child's ability to make friends will affect their interest in learning – how can you help?

- Help them to learn self control
- Show them how well you treat other people, so they can learn from you
- If you are concerned, speak to your child's teacher about it.
- More details at www.schools.nsw.edu.au/news/ezine/yr2010/issue03/index.php

Teaching your child about the importance of making friends is as vital as learning their ABCs.

While there is a natural tendency to focus on your child's reading, writing and number skills, a fundamental aspect of school success is how children fare socially in the playground and in class.

Cathrine Neilsen-Hewitt, a child development expert at Macquarie University, says if children are happy socially they tend to be more engaged in their learning.

"If you speak to any Kindergarten child, one of the most important things for them is having friends and having people to play with," Cathrine says.

She says children who are on their way to developing a healthy social life are learning to:

1. have good self-control skills such as sitting still and listening quietly
2. work easily in small or large groups
3. follow directions and cooperate with others.

Social self control

Another important factor is helping children to control their impulses. At the end of preschool, children can sometimes still act out their frustrations or wants by hitting or through verbal aggression, however by the end of the Kindergarten year, "children who are still playing like that are the ones who are at risk of being rejected by their peer group," Cathrine says.

"Children very quickly develop reputations, so you want to step in as soon as you can and develop those appropriate social skills. You don't want your child to be known as the one who hits other children, or the one who doesn't share. You want to cut that off as soon as you can in Kindergarten and really work on that."

Role modelling at home

Cathrine suggests using opportunities at home to model good social behaviour, such as teaching your child to take turns, share their toys and even give attention to others.

"Children who are more popular are those who ask a question of another child and then listen to their responses. It's modelling that at home when they're interacting and talking with each other, and it's about how to engage peers in conversation and pay compliments to their friends, 'Gee, I really love that picture'. That success in terms of peer interactions is critical," she says.

Inviting children over for play dates in small groups on the weekend and monitoring their interactions is also helpful because you can see how your child is interacting, and guide the behaviour if need be, Cathrine adds.

Connecting with your school

If your child's behaviour at school does become a concern it's important to approach the teacher.

"Effective learning is all about partnerships and having a sense of connection between the home and the school environment. When there is a sense of disconnect that's when children are at risk. It's about being connected to your community, to other parents as well as the teachers and the children," Cathrine says. Speaking to your child's teacher generally about how they are communicating and whether they are making friends, and talking to your child at home each night about who they are playing with, and discussing with them what makes a good social citizen are all ways to give your child better coping skills in the schoolyard.

At the end of the year, the most important goal you can have is for your child to want to go back to school

the following year.

"It's about having that love of learning," Cathrine says. "Even if at the end of the year they're still struggling with sight words but they still want to do their home readers, it means they're still engaged and they're still interested. That success is critical."

Community Notice

BUTTERFLY TEA PARTY 14th August 7.30 pm (for supper) @ Pretty Pine Rec Ground Cobb Hwy

Bring your friends, the more the merrier, and have fun whilst helping to raise \$50,000 for the McGrath Foundation! \$10 entry includes a McGrath Foundation wrist band, a ticket in the Lucky Door Prize and lots of yummy food! RSVP today to Janet Manzin 58823528 or text 0418455708.

For purchase will be the special edition Butterfly Cupcakes card by Phoenix Trading plus the beautiful range of greeting cards and stationery.

Phoenix Trading will donating \$1 from every card sold to the Foundation to raise money for Breast Cancer Nurses.

Janet Manzin (Independent Trader) will be donating 10% of all sales on the night to this worthy cause.

Mayrung Fire Brigade

will hold their AGM at the Mayrung Fire Shed on Monday 9th August at 2.00pm.

FREE Community Education Seminar and night of live music presented by Carer Assist and the Black Dog Institute

CARER ASSIST in partnership with the Black Dog Institute will be offering free to the community of Deniliquin and surrounding area an evening of musing and an information seminar presented by Dr Ressa Wigney from the Black Dog Institute on "Understanding Depression and Resilience" at the RSL Club in Deniliquin on Wednesday 29th September, 6.30 – 8.30 pm Music and light supper provided

RSVP by 22nd September to Sussan on 02 6021 5882 or susan@carerassist.org.au

Permission Note for Science Twists

I give permission for my child/children _____ to participate in the excursion to Conargo on Friday 13th August to attend the Sciencetwists performance.

The cost of the workshop is covered by the school, CAP and Drought Assistance Money.

The students will travel by bus.

This excursion has the approval of the Principal.

Signed: _____

Date: _____